



Claire's Court Schools



SWIMMING LESSONS

We are pleased to be able to offer swimming lessons at Claire's Court Holiday Club at the College Swimming Pool. The course will run for 5 sessions spanned over one week. Each course will be repeated for four weeks of the summer holidays. Each session will be half an hour long, taught by swimming coaches.

The course is open to children, boys and girls, siblings and friends, of Claire's Court School from Reception age to Year 8. We are able to cater for the absolute beginner to the accomplished county swimmer.

There are, at all times, two or three instructors in the water ensuring guaranteed individual attention.

Our philosophy is to ensure confidence in the water as well as learning, what is in essence a vital life skill. We want all children participating in these lessons to enjoy the water and realise the fun that can be had in a safe environment by building confidence in their own ability.

Lesson Times:

Lesson 1: 14:00-14:30 (Advanced: 12 Places)

Lesson 2: 14:35-15:05 (Intermediate: 10 Places)

Lesson 3: 15:10-15:40 (Intermediate/Beginner: 10 Places)

Lesson 4: 15:45-16:15 (Beginner/Non-swimmer: 8 Places)

We concentrate on water safety/confidence, developing and enhancing stroke technique as well as developing the correct breathing technique for the strokes. For such a course to be successful, we need to ascertain the viability of the course and ask parents to please complete the reply slip below and return it to the School no later than Friday 11th July 2008. All reply slips must be returned to the School Office for the attention of Mrs. Lynne Constantine. Please be aware that we have to work on a strictly first come, first served basis, as places in lessons are limited.

All groups are based on ability and there might be some movement within groups within the first two sessions, enabling the instructors to plan the sessions accordingly.

COST: One week course (5 sessions) is £35.00. A place will be secured when payment is received. PLEASE MAKE CHEQUES PAYABLE TO CLAIRE'S COURT SCHOOLS LTD.

If your child attends Holiday Club on the day of your swimming lessons the swimming lessons will be provided **free** of charge. You must provide a cheque to secure the swimming lessons but £7 will be deducted off the cost of each day your child attends Holiday Club during the swimming course.

Lynne Constantine
Business Development Manager



Claire's Court Schools



REPLY SLIP

Parent Name :

Address :.....

Post Code.....

Contact email address:

First Child wishing to attend :

Please circle ability and which week you would like your child to attend

Ability of Swimmer : Beginner	Intermediate	Advanced	Non-Swimmer
21-25 July	28 July-1 Aug	4 – 8 Aug	11-15 Aug
<i>£35 for 5 sessions and you must attend for the whole week</i>			

Second Child wishing to attend :

Please circle ability and which week you would like your child to attend

Ability of Swimmer : Beginner	Intermediate	Advanced	Non-Swimmer
21-25 July	28 July-1 Aug	4 – 8 Aug	11-15 Aug
<i>£35 for 5 sessions and you must attend for the whole week</i>			

Third Child wishing to attend :

Please circle ability and which week you would like your child to attend

Ability of Swimmer : Beginner	Intermediate	Advanced	Non-Swimmer
21-25 July	28 July-1 Aug	4 – 8 Aug	11-15 Aug
<i>£35 for 5 sessions and you must attend for the whole week</i>			

I enclose payment of £_____

Cheques made payable to Claire's Court Schools Ltd

Payment must be made at the time of booking.

My child will/will not be attending Holiday Club during the Swimming Clinic