



**ROWING TRAINING CAMP AT HAZEWINKEL, BELGIUM
SATURDAY 4 TO SATURDAY 11 APRIL 2020**

December 2019

Dear Parents/Guardians

As in previous years, we plan to take a group of rowers to a Training Camp at Hazewinkel, near Brussels in Belgium, during the Easter holiday. The World Rowing Championships have been held at this venue and the British Olympic Team have held their final selection regatta here for a number of years, so it is a world class venue and will be a real experience for our pupils.

This Camp gives us a tremendous opportunity for a week of focussed training, without distractions, in a purpose built venue and should prepare us well for the forthcoming regatta season. It also gives the pupils something to look forward to and work towards during the dark winter months. Those preparing for exams will have time for revision during the down time between sessions and in the evenings.

We will leave Maidenhead early on the morning of Saturday 4 April, travelling by coach to St Pancras from where we will take the Eurostar to Brussels, returning late on Saturday 11 April. The boats will travel separately on the Eurotunnel. Accommodation is in rooms of 3 or 4 with shared toilet and washing facilities. The food is healthy and based on the needs of athletes - ideal for higher training levels than those the pupils usually experience.

The cost for the Training Camp will be £595.00 which includes all travel, insurance (personal items not covered), accommodation and food. We always endeavour to keep costs as low as possible however, due to an increase in prices, a weakened pound and the Belgium government no longer subsidising the cost due to brexit there has had to be an unavoidable price increase. Pocket money is not included in the cost of the trip, but very little will be required and will only be needed for refreshments during travel and at the venue as this is a training camp and our focus will be on the rowing.

If your son/daughter would like to join the Camp we require a deposit of £250.00 by **Friday 10 January**. You can pay online at the [Payment Portal](#) or by following the link from our website, www.clairecourt.com. The balance will be due by the end of February.

Please also complete this [consent form](#) by **Friday 10 January** and provide a copy of your son/daughter's passport to the School office as soon as possible.

Yours sincerely

TOM GEARING
Rowing Manager

JAMES WILDING
Head of Senior Boys