



CLAIRE'S COURT
SIXTH FORM

Curriculum Statement

Year 12 and 13 - PSHE
2025 – 2026

Your place to *aim high*

PSHE

About the course:

The Sixth Form PSHE programme aims to develop students' personal, social, moral and cultural awareness. We address key areas such as RSE, careers, apprenticeship and UCAS applications, whilst encouraging students to reflect on their own development.

Course Structure:

This table gives an overview of the topic areas by term with key themes running through a half-term. All students within the Sixth Form will complete their PSHE within two tutor sessions each week.

Term	Y12	Y13
Autumn 1	Study Skills & VESPAC	VESPAC
Autumn 2	Making a Difference & Healthy Living	Post-18 Living
Spring 1	Post 18 choices UCAS, Unifrog	Wider World
Spring 2	How to Revise, Apprenticeships, Open Days	Healthy Living
Summer 1	Healthy Living, Presentations	Health and Sustainability
Summer 2	Healthy Living Writing Applications	N/A

The programme is not assessed and does not carry a formal qualification with it. Progress can be seen through discussions and debates, questionnaires, competitions and presentations.

Method of Study:

The PSHE sessions include a wide range of activities. Students are encouraged to engage with discussions, to present to others, to complete practice tasks and to reflect on themselves, their progress and their views. They are expected to be open and honest within discussions and to listen to and respect the views of others. PSHE is

delivered as a safe space for all to discuss their views openly and honestly with others.

The students are supported throughout PSHE by their tutor and this helps to build positive, professional relationships between students and staff. There will be two tutor sessions a week that will have a PSHE focus, focused on the areas described above.

Where does the course lead:

The aim is to provide students with the tools they need to participate positively in modern society. It will help students to identify their future paths and will support the values the school promotes. They will aim high, they will believe in themselves and through the work they complete with each other within and outside the school community they will make a difference.