



CLAIRES COURT
SIXTH FORM

Curriculum Statement

Year 12 - BTEC Sport
2025 – 2026

Your place to *aim high*

BTEC National Diploma Sport

Introduction

- Examination board - Pearson
- Lessons - Eight 60 minute lessons per week
- Homework - Four hours per week in the form of set tasks, extra reading and note taking
- Assessment - Two external assessments and four internal assessments
- Textbooks - Pearson BTEC National Sport Book one and two

Units studied in Year 12

Unit number and name	Style of assessment
1. Anatomy and physiology	Summative exam in May
2. Fitness training and Programming	Summative exam in May
3. Professional development in the sports industry	Internally assessed throughout year 12
4. Sports Leadership	Internally assessed throughout year 12
5. Application of fitness testing	Internally assessed throughout year 12
7. Practical performance in sport	Internally assessed throughout year 12

Assessment

In the BTEC National Diploma there are three distinct methods of assessment:

- Unit 1 is assessed through a summative exam in May at the end of Year 12 (all learners take the same assessment at the same time with a written outcome).
- Units 2 is assessed through a summative exam in May at the end of Year 12 (a week before the exam students are shown 'pre-released' material and are required to make up to 4 pages of notes on a case study. Students are required to take these notes into the exam.

Both Unit 1 and 2 are marked by pearson.

- Units 3, 4, 5 and 7 are each assessed through assignments, presentations and practical tasks and are completed at various points throughout Year 12. These assessed tasks are set and marked by Claires Court teachers.

Mastery

The BTEC National Diploma in Sport is a comprehensive programme that offers a wide range of modules that cover various aspects of sport. The BTEC National Diploma in Sport develops mastery through various ways. Students develop independence through concepts, skills or knowledge and are able to teach others through guided practice and applying theory to practical situations. Students further develop mastery through completing assignments, group presentations, practical assessments, and exams to showcase their knowledge and higher order thinking skills. The BTEC National Diploma in Sport offers students the opportunity to learn about different sports, improve their fitness levels, and develop essential skills for a career in the sports industry.

For further information please contact:

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