

Main Course Wk2-Autumn 2023	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
2 Bean/Pepper Chilli	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Tortilla Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cumberland Sausage	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO
Yorkshire Pudding	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO	WHEAT	NO
Country Veg	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Onion Gravy	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
New Potates	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Shepherds Pie	NO	NO	NO	NO	MAY	NO	NO	NO	NO	MAY	MAY	NO	NO	NO
Mixed Veg.	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roast Pork	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roast Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Autumn Veg.	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chix. Burger	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO
Burger Bun	NO	NO	NO	NO	NO	NO	NO	MAY	NO	NO	NO	NO	WHEAT	NO
Peas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO
Chicken Goujons	NO	NO	NO	NO	MAY	NO	NO	MAY	MAY	MAY	MAY	NO	YES	YES
Balti Chix. Curry	NO	NO	NO	NO	NO	NO	MAY	NO	NO	MAY	NO	NO	WHEAT	NO
Egg/Bacon on Toat	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	WHEAT	NO
Beef Mince Pasta Bake	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fish Fingers	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO
VEGETARIAN														
2 Bean/Pepper Veg. Mince Chilli	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	WHEAT BARLEY	NO
Veggie Sausage Toad in the Hole	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO	WHEAT BARLEY	SOYA
Veggie Nuggets	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Brocc/Cauli Cheese	NO	NO	NO	NO	YES	NO	NO	NO	NO	MAY	NO	NO	WHEAT	NO
Spicy Bean Burger	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO
Balti Curry	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO	NO	WHEAT	NO
Egg/Toast	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO
Vege.Mince Pasta Bake	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO

Vegetable Fingers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	NO
Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

All allergy information is for actual ingredients present in product at time of sale

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates

Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

**Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut