		Menu	Ourt Nursery  Week 1 Oct, 6 Nov, 27 Nov 2023		
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice	e of Fresh Fruit	Available each day including: Choice of Cereals Choice of Yoghurts		
Dish of the Day	Katu Chicken Curry	Lamb Hotpot	Cumberland Sausage/Tomato Casserole	Beef Lasagne	Breaded Haddock
Vegetarian Option	Fresh Vegetable Katsu Curry	Veggie Mince Hotpot	Vegetarian Cumberland Sausage	Quorn Mince Lasagne	Quorn Dippers
Side Dishes	Rice Naan Bread/Chutney	Fresh Broccoli/ Sweetcorn	Crunchy New Potatoes Green Beans	Salad and Garlic Bread	Chunky Chips Peas
Dessert	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Dessert of the day
Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot, cucumber, Babybel
Evening Meal	Mild Beef Chilli Mild Veg Chilli New Potatoes	Beans on Toast Beans on Toast Mixed Pepper Fingers	Tuna Pasta Bake Pepper/Red Onion Pasta Bake Cucumber Fingers	Chicken Fajitas Fresh Vegetable Fajitas Carrot Sticks	Mixed Meat Pizza Margherita Pizza Salad Crudites
			U Week 2 Oct, 13 Nov, 4 Dec 2023		1
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Fresh Fruit		Available each day including Choice of Cereals	g: Choice of Yoghurts	
Dish of the Day	Two Bean/Roasted Pepper /Beef Chilli Con Carne	Sausage Toad in the Hole	Shepherds Pie	Roast Pork	Chicken Burger
Vegetarian Option	Two Bean/Roasted Pepper/Veg Mince Chilli	Veggie Sausage Toad in the Hole	Vegetarian Shepherds Pie	Broccoli/Cauliflower Cheese with a Parmesan Crust	Bean Burger
Side Dishes	Rice and Tortilla Chips	Seasoned New Potatoes Country Vegetable Onion Gravy	Mixed Vegetables	Roast Potatoes Fresh Autumn Vegetables Gravy	Twisters Peas
Dessert	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Dessert of the day
Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot,cucumber,Babybel
Evening Meal	Chicken Goujons Veggie Fingers Chips Peas	Balti Chicken Curry Balti Quorn Curry Rice Sliced Fresh Peppers	Fish Fingers Veggie Nuggets Small Diced Potatoes Cucumber Fingers	Scrambled Egg/Diced Bacon on Toast Scrambled Egg on Toast Baked Beans	Beef Mince Pasta Bake Veggie Mince Pasta Bake Fresh Carrot Fingers

## Menu Week 3

18 Sept, 9 Oct, 30 Oct, 20 Nov, 11 Dec 2023									
	Monday	Tuesday	Wednesday	Thursday	Friday				
Breakfast	Choice of Fresh Fruit		Available each day including Choice of Cereals	g: Choice of Yoghurts					
Dish of the Day	Chicken/Potato Traybake In Arrabbiata Sauce (Tomato)	Meatballs in Tomato/Basil Sauce	Mixed Meat Pizza	Smokey Bacon/ Chicken Penne Carbonara	Cod Goujons				
Vegetarian Option	Quorn Fillet/Sweet Potato Stew	Vegeballs in Tomato/Basil Sauce	Savoury Veggie Mince With Mixed Veg	Mixed Pepper/ Onion Penne Carbonara	Veggie Fingers				
Side Dishes	Fresh Broccoli and Sweetcorn	Spaghetti Pitta Bread	Herby Diced Potatoes Salad	Caesar Salad Garlic Bread	Chunky Chips Peas				
Dessert	Selection of Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Dessert of the day				
Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot,Cucumber,Babybel				
Evening Meal	Beef Bolognaise Veggie Mince Bolognaise Rice Mixed Pepper Fingers	Fish Cakes Vegan Style Burger in Bread Crumbs Potato Waffles Peas Cucumber Sticks	Cumberland Sausages Veggie Cumberland Sausages New Potatoes Sweetcorn Gravy	½ Steak Burger in Bun ½ Veggie Burger in Bun Herby Potatoes Fresh Carrot Batons	Jacket Potato with Tuna/Cheese Jacket Potato with Cheese Salad Crudites				