

Juniors Breakfast Club	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Toast	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT	YES
Rice Krispies	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	BARLEY	NO
Muffins	NO	NO	NO	NO	NO	NO	NO	MAY	NO	NO	NO	NO	WHEAT	YES
Pancakes	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO	WHEAT	NO
Jam Portions	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Flora Portions	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Milk	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Yoghurts	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO

**All allergy information is for actual ingredients present in product at time of sale**

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates

Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

\*\*Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut