Main Course Week 3 Summer 2026/Nurse	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Beef Chilli Tacos	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Piri Piri Chicken/Veg Traybake	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roast Gammon	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Minced Beef Meat Balls/Tomato/Basil	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT/GLUT	NO
Chicken Burger in Bun	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHEAT/GLUT	NO
Pineapple Salsa	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sour Cream	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fondant Potaoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
All Vegetables	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Garlic Ciabatta	NO	NO	NO	NO	MAY	MAY	NO	MAY	NO	MAY	MAY	NO	WHE/GLU/BAR	MAY
Saute Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Apple Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gravy	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
BBQ Chicken Wrap	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHE/GLU/OAT	NO
Chicken Pasta Bake	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHET/GLUT	NO
VEGETARIAN														
Quorn Mince Tacos	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	BARLEY	NO
Gnocchi/Vegetable Traybake	MAY	MAY	MAY	NO	MAY	MAY	NO	NO	MAY	MAY	MAY	NO	WHET/GLUT	MAY
Loaded Sw/Potato/Quorn/Cheese	NO	NO	NO	NO	YES	NO	NO	NO	NO	MAY	NO	NO	NO	NO
Quorn Balls/Tomato/Basil	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO	WHE/GLUT/BA	YES
Vegetable Burger/Bun	NO	NO	NO	NO	NO	NO	NO	MAY	NO	NO	NO	NO	WHET/GLUT	NO
Jacket/Cheese	NO	NO	NO	NO	MILK	NO	NO	NO	NO	NO	NO	NO	NO	NO
Soup	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Baguette	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	WHET/GLUT	MAY R/BA/OA
Red Bean/Veg Jambalaya	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

All allergy information is for actual ingredients present in product at time of sale

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates

Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of

all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

**Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut