

Clares Court Nursery

Menu Week 1

15 Apr, 6 May, 27 May, 17 June, 8 July 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Available each day including: Choice of Fresh Fruit Choice of Cereals Choice of Yoghurts				
Dish of the Day	Chicken Fajita Wraps	Smoked Bacon Carbonara	Cumberland Sausages	Beef Bolognaise	Breaded Haddock
Vegetarian Option	Quorn Fajita Wraps	Fresh Cauliflower and Broccoli Cheese	Vegetarian Sausages	Veggie Mince Bolognaise	Bean Burger In a Bun
Side Dishes	Pomegranate Salad Sour Cream	Garlic Bread	New Potatoes Peas/Sweetcorn Gravy	Ciabatta	Twister Fries Peas
Dessert	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt

Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot, cucumber, Babybel
------------------------	----------------------	------------------	---------------------	---------------------	---------------------------

Evening Meal	Scrambled Egg/Toast Cherry Tomatoes Veggie Fingers/Chips Cucumber Sticks	Fish Cake/New Potatoes Sweetcorn Spinach Falafel New Potatoes/Sweetcron	Pizza with Peppers Salad Carrot Sticks	Jacket Potato with Cheese/Beans/Tuna/ Pepper Fingers	Half Steak Burger with Bun Peas /Waffles Half Bean Burger with Bun
---------------------	---	--	---	---	---

Menu Week 2

22 Apr, 13 May, 3 June, 24 June 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Available each day including: Choice of Fresh Fruit Choice of Cereals Choice of Yoghurts				
Dish of the Day	Chilli Beef Tacos	Cumberland Sausage Toad in the Hole	Stripped Chicken Flat Bread	Roast Gammon	Chicken Burger With Bun
Vegetarian Option	Veggie Mince Tacos	Quorn Sausage Toad in the Hole	Open Pesto/Fresh Veg Tart with Parmesan	Kale and Sweet Potato Roulade	Quorn Dippers
Side Dishes	Herby Diced Potatoes Side Salad	Fondant Potatoes Fresh Cauliflower Peas and Gravy	Side Salad Tortilla Chips Garlic Mayo	Roast Potatoes Fresh Broccoli Carrot Batons and Gravy	Chunky Chips Baked Beans
Dessert	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt

Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot,cucumber,Babybel
------------------------	----------------------	------------------	---------------------	---------------------	-------------------------

Evening Meal	Sausages New Potatoes/Peas/Corn Quorn Sausages	Bacon/Mushroom Risotto Salad Mushroom Risotto	Chicken Korma With Rice Fresh Veg Korma Cucumber Fingers	Ham Pizza Pepper/Carrot Sticks Tomato Pizza	Fish Fingers Mash Potatoes Baked Beans Vegetable Fingers
---------------------	---	--	---	--	---

Menu Week 3

29 Apr, 20 May, 10 June, 1 July 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Available each day including: Choice of Fresh Fruit Choice of Cereals Choice of Yoghurts				
Dish of the Day	Meat Balls in Tomato/Basil Sauce	Sticky Chicken With Pineapple	Beef Lasagne	Beef Burger in Bun	Chicken Goujons
Vegetarian Option	Veggie Balls	Fresh Vegetable Skewers	Vegetarian Lasagne	Vegetable Burger In Bun	Vegetable Samosa
Side Dishes	Rice Garlic Bread	Noodles Pineapple Salsa	Mixed Salad Warm Tomato/Sweetcorn Salsa	Southern Wedges Baked Beans	Herby Potatoes Spaghetti Hoops
Dessert	Selection of Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Dessert of the day

Afternoon Snack	Rice Cakes and Phili	Apple and Banana	Crackers and Hummus	Rice Cakes and Pear	Carrot,Cucumber,Babybel
------------------------	----------------------	------------------	---------------------	---------------------	-------------------------

Evening Meal	Chicken/Spaghetti/ Courgette Lemon Risotto Mixed Bean Risotto Pepper Strips	Beef Chilli New Potatoes Cherry Tomatoes Veggi Chilli	Cod Goujons Herby Potatoes Sweetcorn	Chicken Korma Rice/Naan Cucumber Sticks Veggie Korma	Baked Beans om Wholemeal Toast With Mushrooms
---------------------	--	--	---	---	--